

# Chicago Cycling Club July Ride Schedule

Ride Line: 773-509-8093

**Thursday, July 1, 8, 15, 22 and 29, 2010**

**Social Ride: Weekly Gentlemen (and Ladies) of Leisure Rides (Cycling Seniors)**

REMOTE START: North Ave Beach House  
10:30 a.m. 10-20 miles, 10-12 mph

Make new friends who bike and go for lunch. This lakefront ride is an opportunity for active gentlemen and ladies, 55+ years, to meet, ride and have lunch. All riders are welcome.

Contact Mitch Gold at (312) 642-1988

**Wednesday, July 7, 2010**

**Training Ride: Wednesday Evening Training**

REMOTE START: Roadies' Dunkin' Donuts, Lincoln & California  
6:30 p.m. 25 - 35 miles, 19-25 mph  
Take your cycling skills and performance to a higher level on this fast-paced training ride aimed at improving your group riding skills. Practice rotating pace lines, close proximity riding and advanced bike handling. traditional road bikes is strongly recommended. Ride pace to be determined by ride participants.

Contact Tom MacNeill-Zimmerman at (773) 571-8087

**Saturday, July 10, 2010**

**Social Ride: 12<sup>th</sup> Annual Bike for Burgers**

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)  
8:30 a.m. 35 miles, 10-12 mph

Join Joe Dickstein as he leads a savvy (and hungry) group of cyclists to a brunch-lunch stop at Hackney's in accordance with the Chicago Cycling Club's unofficial motto of "we ride to eat." Bring bike, wallet, cash and appetite to this ride. Contact Joe Dickstein at (773) 262-0031

**Saturday, July 10, 2010**

**Social Ride: 3rd Annual South Lakefront and Boulevard Architectural Tour**

REMOTE START: Queens Landing, east of Buckingham Fountain and Lake Shore Drive  
9:30 a.m. 28 miles, 12 -14 mph  
The residential architecture on the near south side has a remarkable history and future, including Prairie Ave., Bronzeville, Lake



Meadows, Stephen Douglas's tomb, the Robie and Blossom Houses, the Midway, and the Boulevards. Rest stops but no lunch stop, a quick spiel at each point of interest, and as many bike lanes as we can hit. Back by about 1 p.m.  
Contact George Vrechek at (312) 654-8909

**Sunday, July 11, 2010**

**Touring Ride: Conway Farms with a Glen**

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

8:00 a.m. 70 miles, 14-18 mph  
Going up to Conway, we'll pass through the Glen, the new development on the former Glenview Naval Air Station, with

a lunch stop in downtown Highland Park, if desired. There will be a few stretches with traffic. Contact Art Gilfand at (773) 871-1872

**Sunday, July 11, 2010**

**Social Ride: Mid-season Picnic Ride**

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

9:30 a.m. 30 miles, 8-12 mph

Our traditional summer potluck. Please contact the ride leader so we can coordinate food and other necessities. Ride to Promontory Point for our feast, then ride back. There will be a grocery store stop on the way.

Contact Anne Alt at (312) 520-1641

**Monday, July 12, 2010**

**Training Ride: Introduction to Training Rides**

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

6:30 p.m. 30 miles, 18-20 mph

Curious to find out what training rides are all about ? This ride has the look and feel of a training ride, at a slower pace. Emphasis is on smooth riding techniques and paceline etiquette. Contact Joseph DeCastelneau at (312) 961-8289

**Wednesday, July 14, 2010**

**Training Ride: Wednesday Evening Training**

See listing for July 7.

Contact Brad Winckler at rides@chicagocyclingclub.org

**New rides are being added all the time!**

**For an up-to-date schedule, or a look at the rest of the season, go to: [www.chicagocyclingclub.org](http://www.chicagocyclingclub.org)!**

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**Saturday, July 17, 2010**

**Touring Ride: Waterford Factory Tour and Ride**

REMOTE START: Waterford Precision Cycles, 816 Bakke Street, Waterford, WI  
8:30 a.m. 20-60 miles, 12-20 mph  
Richard Schwinn sponsors 3 self-paced, supported group rides (slow, moderate, and fast) through the beautiful rolling countryside around Waterford, WI, a joint ride with other area bike clubs. Schwinn will give tours of the factory between 8:00 and 8:30, rides start at 9:00. To arrange carpools, post to the CCC-chat list. Allow 1.5 hours car travel from Evanston, link to map is on club rides page. Contact Jim Adgate at rides@chicagocyclingclub.org



Contact Joseph Dickstein/Dave Skogley at (773) 262-0031

**Saturday, July 24, 2010**

**Touring Ride: Ryerson Conservation Area**

START: Clock Tower at Waveland and LSD (3700N)  
8:30 a.m. 62 miles, 15-17 mph  
Ride with minimal stops. Check in starts at 8:10.

Contact Take Yamamoto at (773) 528-7812

**Sunday, July 25, 2010**

**Social Ride: Chinatown/Bridgeport**

START: Clock Tower at Waveland and LSD  
9:30 a.m. 35 miles, 12-16 mph  
Ride through near northwest and southwest sides to dim

sum in Chinatown, head back through near north and south sides. Please bring locks and money for brunch.

Contact Art Gilfand at (773) 871-1872

**Sunday, July 18, 2010**

**Social Ride: fRedhots and Fries**

REMOTE START: Jefferson Park Field House, 4822 N Long Ave., Chicago  
11:00 a.m. 30 miles, 12-14 mph  
Let Alice introduce you to Smoked Salmon, Buffalo, Chicken or good ol' beef dogs, served with a generous side of Frites and gourmet sauces by a guy named Fred. Veggie options also available. Our route will lead through Sauganash, Niles and Glenview. Contact Alice O'Laughlin at (773) 294-7533

**Monday, July 26, 2010**

**Training Ride: Introduction to Training Rides**

See listing for July 12

Contact Rich Baumgarten at (773) 759-8690

**Monday, July 19, 2010**

**Training Ride: Introduction to Training Rides**

See listing for July 12.

Contact Larry Allingham at (312) 286-1317

**Wednesday, July 28, 2010**

**Social Ride: FWEGA (Fourth Wednesday Getting Acquainted Ride)**

START: Clock Tower at Waveland and LSD  
6:30 p.m. 10 miles, 12-14 mph

A club tradition. Meet new friends, see old ones.

Contact Anne Alt at (312) 520-1641

**Wednesday, July 21, 2010**

**Training Ride: Wednesday Evening Training**

See listing for July 7.

Contact Bevan Brookfield at (312) 446-1737

**Wednesday, July 28, 2010**

**Training Ride: Wednesday Evening Training**

See listing for July 7.

Contact Jeremy Treister at (312) 823-7926

**Saturday, July 24, 2010**

**Social Ride: Wander to Whiting for Pierogi Fest**

REMOTE START: 31st Street Beach House  
10:00 a.m. 35 miles, 10-12 mph  
Oprah Winfrey ranked Pierogi Fest in the top 7 events on Oprah.com's Summer Travels. Will this year's fest be as good? Will we get to meet Oprah?

**Saturday, July 31, 2010**

**Touring Ride: Beer Run to Three Floyds**

START: Clock Tower at Waveland and LSD  
10:00 a.m. 70 miles, 16-20 mph

Second start at the 31st Street beach at 10:45; break at Wolf Lake, lunch at Three Floyds.

Those who are interested may stay for the 3 p.m. brewery tour. The group won't necessarily stay together. Bring money, a lock and panniers. Contact Bob Hsiung at (773) 726-3227

**New rides are being added all the time!**

**For an up-to-date schedule, or a look at the rest of the season, go to: [www.chicagocyclingclub.org](http://www.chicagocyclingclub.org)!**