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May 2010



Graue Mill Fullersburg Ride Recap

By Brian Bird

Eight cyclists participated in April's ride to Graue Mill - Fullersburg Nature Preserve in Oak Brook. Weather at the start was cloudy with some very light drizzle, but the weather through most of the ride was partly sunny (if your glass is 1/2 full) or partly cloudy (if your glass is 1/2 empty). Winds came off the lake from out of the northeast.

We rode out of town west then south, eventually getting to Ridgeland Avenue south of North Avenue in Oak Park . . . where the Oak Park police informed us we couldn't go further due to a scheduled running event. So we dodged west to pick up Oak Park Avenue, then went to Lake Street for our initial stop at the Lake Street Theatre Starbucks.

Next portion was a ride south then west past Brookfield Zoo to take the Salt Creek Bike Path a little over eight miles, crossing under I-294 to enter Oak Brook. A south ride next to Golf Road and a westbound hill climb on Spring Road later, we entered the Fullersburg Woods

Nature Center - where we rested, refilled water bottles, and admired the exhibits of walking sticks, a big live snake, and a partially-complete mounted skeleton of a woolly mammoth.

The third stretch took us up the remainder of the Spring Road hill to 31st Street east (into the northeast wind) then back to Golf Road and onto the Salt Creek Bike Path. Numerous birds, two deer, but no rabbits and snakes were seen on the path. Then, it was eastbound (I think) for a meandering ride through Riverside's snaking, non-platted streets. Once we got back to platted Oak Park, it was a ride for lunch at Tasty Dog, located just west of the Lake Street - Oak Park Avenue intersection, to consume various guises of encased meats and carbonated sugar water. Then, back north and east where we retraced our route through the Kelvyn Park-Logan Square region, spent 15 minutes fixing a flat tire on one of the rider's bikes, rode past what appeared to be a cleaned-up and freshly-painted Wrigley Field (wonder why?) and eventually arriving back at the starting point. Departure time was 8:05am, finish time was about 2:30pm, a pleasant surprise.

Many thanks to the following participants who made getting up early on a Sunday morning worthwhile: Thomas B. (for Brevet), Alex D. for riding in the cool/cold this morning in his sandal bike shoes, Steven G., Becky of Macy's, Rob of U of C, Take of DeRosa, and Bruce T.

If you bet on "Jamis" in the "bike count" pool, congratulations - you win. The results:

Jamis - 2

Six-way tie between DeRosa, Trek, Bianchi, Waterford, Giant, and Fuji - 1



Bike the Northwest

Why spend your vacation lounging when you can soak up the picturesque beauty of the Pacific Northwest from the seat of your bicycle? Join the 28th Annual Trek Tri Island, September 11-13. See eagles soar overhead. Watch orca whales play in the bay. Drink in uncompromising scenery, all while touring Washington's San Juan, Orcas and Lopez Islands. Choose from 20 or 50+ mile-per-day journeys. Three islands. One breathtaking adventure. Now, that's what we call a vacation.

Ferry fares, overnight camping accommodations, gear transportation, medical and mechanical support, healthy breakfasts and dinners are provided. Trek Tri-Island's "ride at your own pace" philosophy makes this the ideal adventure vacation for cyclists of all ages and abilities.

For more information visit www.cleanairadventures.org or call (800) 732-9339.



PREZ SEZ

By Anne Alt



Our annual Champagne Ride was a fine way to kick off the season. We had a good turnout of new folks and familiar faces. Steve Kramer came up with a new variant on the traditional route, taking us through streets in Evanston that I know well but aren't known to most club members. Sometimes a construction detour can inspire a pleasant change of scenery.

How many of you know the origin of this long-time CCC tradition? Steve Kramer joined the club soon after it was established. He had previously ridden with a club in his native New Jersey that had a traditional season kick-off ride, and he decided to create a CCC version of this idea. It's been a favorite part of the spring schedule since then.

In May, many ride series are starting up: training rides, senior rides, and FWEGA, among others. If you've ever had trouble with flat tires on the road, or if the fear of flat tires keeps you from riding as much as you'd like, I recommend the Fix A Flat workshop on May 16. Our Memorial Day ride in the southern 'burbs is a great excuse to get out of the city.

Many CCC members will be at Bike the Drive on May 30, as riders and volunteers. Our partners, the Active Transportation Alliance, would love to see even more of us out there. If you want to ride it fast, sign up and do CCC's Bike the Drive Twice with Brian Bird. Or ride at your own pace with family and friends. If anyone wants to lead a slow or moderate-paced CCC group, feel free to submit it to the ride calendar.

If you want to volunteer for Bike the Drive, there are many volunteer positions available.

Pre-Event: Wednesday volunteer nights, packet pickup, May 29 event set-up, or daytime office help. Day-of-event: course marshal, ride marshal, volunteer accommodations, rest stop, festival, reunion team, SAG support, event and signage breakdown, and management team.

For details on specific positions and how to sign up, visit www.bikethedrive.org/volunteer. If you have questions, contact Margaret Kushiner, Volunteer Coordinator, 312-427-3325 x297 or margaret@activetrans.org.

CCC needs you too. We are always interested in the input of members, and we encourage members to become involved in club leadership. We are currently seeking volunteers to help coordinate our monthly general meetings and do publicity for the club. Please contact me at pres@chicagocyclingclub.org if you are interested in attending a steering committee meeting or getting more info on one of our volunteer positions.

See you on the road!



Chicago Cycling Club Financial Statement

Period of 03/16/2010 through 04/15/2010

Balance as of 03/16/2010: \$9,028.95

Total Income: \$695.00
Total Expenses: \$275.22

Balance as of 04/15/2010: \$9,448.73



Chicago Green Festival: Cyclists Get In Free!

A joint project of Global Exchange and Green America, the Chicago Green Festival showcases more than 350 diverse local and national green businesses. More than 150 renowned speakers appear for insightful panel discussions and presentations. Guests also enjoy workshops, career information, kids activities, live music and organic beer, wine and cuisine. And if you bike to the fest, you get in for free!

The Green Festival is at Chicago's Navy Pier on May 22-23. More information at www.greenfestivals.org/chicago



Become an Online CCC "Fan"

Announcing 3 easy ways to stay on top of Cycling Club events any time of day or night:

1) Go to www.thechainlink.org and join the Chicago Cycling Club group. When you sign up for the Chainlink (which is free), you'll learn about cycling events throughout the region and get to connect with other cyclists.

2) Follow us on Twitter. Go to http://twitter.com/ccs_scoop for quick news updates. Enough said.

3) On Facebook, search for and join the Chicago Cycling Club for up-to-date miscellany.



Riders Toast on the Annual Champagne Ride 2010

About the Club

Mission

To facilitate recreational bicycling in a non-competitive environment in and around the Chicago area; to promote safe bicycling habits and proper bicycling etiquette; to provide bicyclists an opportunity to network with other bicyclists; to encourage bicycling as a safe and viable alternative to other modes of transportation.

Contact

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Officers

President: Anne Alt
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 Treasurer: Brian Bird
 Secretary: Jim Adgate
 Member at Large: Justin Sondak,
 Julie Hochstadter
 Education: TBD
 Newsletter: Justin Sondak,
 Tom Grose
 Rides: Jim Adgate

STYLE YOUR RIDE



JERSEYS

Sleeveless\$50
 (Men: S - XL)(Women: S - 2X)

Shortsleeves\$55
 (Men: S - 3X)(Women: S - 2X)

Longsleeves \$60
 (Men: M - 3X)(Women:
 M - XL)

WINDBREAKER - \$60
 (Men: M - 3X)(Women:
 S - 2X)

GLOVES - \$10
 (XS-2X)

SOCKS - \$6
 (S-XL)

BOTTLE - \$3

CLUB MEMBERS ONLY

may purchase these items by contacting Duane O'Laughlin
 merchandise@chicagocyclingclub.org
 773-612-8157

May not be shipped
 We will meet you at a club event or ride or you may pick up items by making arrangements to do so in advance.

BECOME A MEMBER FILL OUT THE FORM AND MAIL IT WITH YOUR CHECK TO CHICAGO CYCLING CLUB

I, for myself and for any other minor on whose behalf I sign this membership application, agree that 1) bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness; 2) ride leaders' maps and/or written directions are provided for my convenience only and not to guarantee a safe route or trip; and 3) I voluntarily participate in club events and assume all risks associated with participation therein, including but not limited to injury, falls, contact with other participants, weather, traffic, and road conditions, all such risks being known and appreciated by me.

Name(s) _____ Birthdate(s) _____

Name(s) _____ Birthdate(s) _____

Address _____

City _____ State _____ Zip _____ Primary

phone _____

Secondary phone _____ E-mail _____

Emergency contact/phone _____

I obtained this membership application from _____

I want to receive a paper copy of the members' directory Yes No the club newsletter Yes No

I would like to help with the following: ride planning newsletter publicity meetings social events

Annual dues: Individual (\$20) Family (multiple individuals at one address \$25)

Do not share my contact information: within the Chicago Cycling Club with other bike-related organizations

Signature _____ Date _____

Chicago Cycling Club Newsletter May 2010



Bike the Drive volunteers enjoy a beautiful morning at the CCC Festival Table

THE NEWSLETTER OF THE CHICAGO CYCLING CLUB

DERAILLEUR
MAILLEUR

May 2010

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