Chicago Cycling Club June Ride Schedule

Ride Line: (773) 509-8093



Sunday, June 01, 2008

Social Ride: Bridgeport/Chinatown START: Clock Tower at Waveland and Lake Shore Dr. (3700N) 9:30 AM 20 miles, 14 to 18 mph Ride through Bridgeport and Chinatown. Eat Dim Sum. See Bubbily Creek. Contact Arthur Gilfand at (773) 871-1872

Monday, June 02, 2008 **Training Ride: Intro to Training Rides** REMOTE START: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 30 miles, 18 to 20 mph

This ride has the look and feel of a training ride, but at a slower pace. Emphasis will be placed on smooth riding techniques and paceline etiquette. Contact Greg Hoskins at (312) 925-0435

Wednesday, June 04, 2008 Training Ride: Wednesday Eve Training

REMOTE START: Roadies Dunkin' Donuts, Lincoln & California

6:30 PM 25-35 miles, 19 to 25 mph Practice rotating pace lines, close proximity riding and advanced bike handling while building

fitness. Traditional road bikes are strongly recommended. A certain level of experience and fitness is expected. The actual pace of the ride will be determined by the ride participants. Contact Bob Cardenas at (773) 332-0952

Thursday, June 05, 2008

Social Ride: Gentlemen and Ladies of Leisure Rides

REMOTE START: North Avenue Beach House - by the bike shop. in front of the bike sculpture on the west side

10:30 AM 10-20 miles, 8 to 15 mph

Join Mitch Gold for our new weekly social rides along the lake front. This ride affords an opportunity for active cyclists, 55 years and older to meet, ride and perhaps have lunch. ALL RIDERS ARE WELCOME. Contact Mitch Gold at (312) 642-1988

Saturday, June 07, 2008

Touring Ride: I&M Canal Ride REMOTE START: Brandon Road Trailhead, outside of Joliet

10:30 AM 50 miles, 12 to 16 mph

Go to: http://www.chicagocyclingclub.org/Rides/RideInfo/I-MCanal.htm for driving directions to the start location. For Metra, take the Rock Island line from the LaSalle station. The trailhead is about 3/4 of mile from the station in downtown Joliet. Bring bungee cords to secure your bike, and note that there is a limit of 9 bikes per train. Please contact Jim Adgate at (773) 551-8242 with questions (RSVP appreciated).

Saturday, June 07, 2008

Social Ride: Ride for Climate A.K.A. the GREEN RIDE

START: Clock Tower at Waveland and Lake Shore Dr. (3700N) See recycling, wind turbines, solar panels, our state-of-the-art bicycle station and much more. It will take a long time since we will stop to talk about the projects we encounter. Contact Kathy Schubert at (773) 248-5499 or kangarookathy@yahoo.com to RSVP.

Sunday, June 08, 2008

Social Ride: New Member Ride START: Clock Tower at Waveland and Lake Shore Dr. (3700N) 9:00 AM 20 miles, 12 to 15 mph This special ride is for all members of the CCC who have joined in the last year. For more information, contact (312) 401-8631

Monday, June 09, 2008

Training Ride: Introduction to Training Rides REMOTE START: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 30 miles, 18 to 20 mph See description on Monday, June 2nd. Contact Bob Cardenas at (773) 332-0952

Wednesday, June 11, 2008

Training Ride: Wednesday Evening Training REMOTE START: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 25-35 miles, 19 to 25 mph See description on Wednesday, June 4th. Contact Rich Baumgarten at (773) 545-8061

Thursday, June 12, 2008

Social Ride: Gentlemen and Ladies of Leisure Rides REMOTE START: North Avenue Beach House - by the bike shop, in front of the bike sculpture on the west side 10:30 AM 10-20 miles, 8 to 15 mph See description on Thursday, June 5th. Contact Mitch Gold at (312) 642-1988

Saturday, June 14, 2008

Touring Ride: 2008 Waterford, Wisconsin Ride REMOTE START: Waterford, WI

9:00 AM 50 miles, 14 to 18 mph This is a ride through the countryside around Waterford, WI, and a tour of Waterford Precision Cycles. This year, we'll join the Milwaukee's Cream City Cycle Club riding to Elkhorn and back. Remote Start: Waterford Precision Cycles, 816 Bakke Ave, Waterford, WI. Allow 2 hours from downtown Chicago, Take I-94 to WI-20 West (Exit #333), Turn left on Jefferson Street (Cty-W) in Waterford, Go South 1 mile, Turn Right on Bakke 0.2 Mile. Contact Jim Adgate at (773) 551-8242

Monday, June 16, 2008

Training Ride: Introduction to Training Rides REMOTE START: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 30 miles, 18 to 20 mph See description on Monday, June 2nd. Contact Larry Allingham at (312) 286-1371

Wednesday, June 18, 2008

Training Ride: Wednesday Evening Training

REMOTE START: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 25-35 miles, 19 to 25 mph See description for Wednesday, June 4th. Contact Dave Thomas at (708) 267-8948

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Thursday, June 19, 2008

Social Ride: Gentlemen and Ladies of Leisure Rides

<u>REMOTE START</u>: North Avenue Beach House by the bike shop, in front of the bike sculpture on the west side

10:30 AM 10-20 miles, 8 to 15 mph See description for Thursday, June 5th. Contact Mitch Gold at (312) 642-1988

Saturday, June 21, 2008

Touring Ride: I Wish I was Homewood Bound <u>REMOTE START</u>: Homewood Library on Dixie Highway

10:00 AM 32 miles, 14 to 18 mph Come explore the south suburbs and see the interesting variety. The official ride begins at the Homewood Library on Dixie Highway. For those interested, the Metra Electric is just 2 blocks away or you can bike down there with Julie (who thinks she will be biking down) to add 35 miles to the distance. Metra-ing back is an option for those who do not want to bike back to Chicago. Contact Julie Sherman at (312) 401-8631

Saturday, June 21, 2008 Social Ride: South Lakefront and Boulevard Architectural Tour

<u>REMOTE START</u>: Queen's Landing - 500 S. Lake Shore Drive Immediately East of Buckingham Fountain

9:00 AM 28 miles, 12 to 14 mph

We'll take a look at the past (Frank Lloyd Wright), the present (redevelopment along Drexel and Cottage Grove) and the future (Lake Meadows Redevelopment.) Rest stops but no lunch stop, a quick spiel at each point of interest. Back by about 1PM. Contact George Vrechek at (312) 654-8909

Sunday, June 22, 2008

Social Ride: 10th Annual Bike for Burgers to Hackney START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

8:30 AM 35 miles, 12 to 14 mph

Join Joe Dickstein as he leads a savvy (and hungry) group of cyclists to a brunch-lunch stop at Hackney's (which one? Only Joe knows!) in accordance with the Chicago Cycling Club's unofficial motto of "we ride to eat." Bring bike, cash and appetite. Contact Joe Dickstein at (773) 262-0031

Monday, June 23, 2008

Training Ride: Introduction to Training Rides

REMOTE START: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 30 miles, 18 to 20 mph

See description for Monday, June 2nd. Contact Rich Baumgarten at (773) 545-8061

Wednesday, June 25, 2008

Training Ride: Wednesday Evening Training

<u>REMOTE START</u>: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 25-35 miles, 19 to 25 mph See description for Wednesday, June 4th. Contact Tom MacNeill at (773) 297-6698

Wednesday, June 25, 2008

Social Ride: FWEGA-June

START: Clock Tower at Waveland and Lake Shore Dr. (3700N) 6:30PM 15 miles, 10 to 12 mph

Fourth Wednesday Social "Get Acquainted" Ride. Start at clock tower and ride north/west through city and stop at an eating/drinking establishment for drinks and snacks. Contact Rick Pavia at (708) 383-2003

Thursday, June 26, 2008 Social Ride: Gentlemen and Ladies of Leisure Rides

<u>REMOTE START</u>: North Avenue Beach House by the bike shop, in front of the bike sculpture on the west side

10:30 AM 10-20 miles, 8 to 15 mph See description for Thursday, June 5th. Contact Mitch Gold at (312) 642-1988

Saturday, June 28, 2008

Social Ride: Moonlight Pedal & Paddle START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

4:30 PM 15 miles, 12 to 14 mph Come join us for a special evening of cycling and canoeing along the scenic Chicago river. The canoe portion is designed for beginners and is about 4 miles round-trip and should take less than 3 hours. The cost for this event is \$45 per person and includes canoe rental, life

jackets, and dinner. You will pay the outfitter when we get there. Lights and a helmet are REQUIRED. Due to the special nature of this trip, it is only open to CCC Members. To join this fun event, RSVP (required) to Take' Yamamoto at (773) 528-7812 by Friday, June 21. Please specify how many of you will attend, whether you want a canoe, single kayak, or tandem kayak and whether you want the chicken skewer dish or a vegetarian dish. This trip is limited to only 20 attendees. Once your RSVP is received, you will be sent further information. For more information about the canoeing see http://www.chicagoriverpaddle.com/moon.html.

Saturday, June 28, 2008

Touring Ride: The Road to Hegewisch, Hammond and Beyond Part 5

REMOTE START: 31st Beach House

8:30 AM 50 miles, 14 to 20 mph

We'll head to the most remote corner of Chicago, Hegewisch, founded as a separate town in the 1880s. We'll stop for a snack and then navigate through Hammond on the Erie Lackawanna Bike Trail. We'll try to move along and shoot for getting back by 2PM. Contact George Vrechek at (312) 654-8909

Sunday, June 29, 2008 Social Ride: Superdawg Ride

START: Clock Tower at Waveland and Lake Shore Dr. (3700N) 8:30 AM 40 miles, 12 to 14 mph

Take a tour of the northwest park neighborhoods such as Albany, Jefferson, Gladstone, Norwood and Edison Park as well as a few others along the way. Lunch will be at Superdawg, the notable drive-in that started as a hot dog stand in 1948 to help its owner work his way through school. Contact Duane O'Laughlin at (773) 612-8157

Monday, June 30, 2008

Training Ride: Introduction to Training Rides

<u>REMOTE START</u>: Roadies Dunkin' Donuts, Lincoln & California 6:30 PM 30 miles, 18 to 20 mph See description on Monday, June 2nd. Contact Rich Baumgarten at (773) 545-8061

New rides are being added all the time!

For an up-to-date schedule, or a look at the rest of the season, go to: www.chicagocyclingclub.org!