

DERAILLEUR MAILLEUR

November 2010



Meander to Milwaukee By Joe Dickstein

As I rode through the rain on the McClory Bike Path just north of Fort Sheridan on the morning of September 11, I could only wonder why I, a White Sox fan for almost sixty years, was on a ride at least in part sponsored by Chicago Cubs charities. For the answer, we need to go back a couple months when, reading the morning Red Eye, I saw a notice for a ride co-sponsored by World Bicycle Relief raising money to purchase bikes in Africa that spanned Wrigley Field to Miller Park with riders seeing the Cubs-Brewers game that evening. Despite my team loyalty, I was intrigued with the idea and recruited my friend Dave Skogley. Despite the ride's limit of 150 participants, we found openings and both registered.

Cajoling coworkers, friends and family, I was able to solicit enough pledges to be well over the minimum required donation and began to prepare for the ride.

Overnight forecast for September 11 called for rain but, despite damp pavement, the short ride to Wrigley was dry.

Following a series of laudatory speeches about our wonderful endeavor, including a pep talk from Cub owner Tom Ricketts himself riding and wearing bib number 1, we set off for parts north. We had gathered in the area adjacent to the third base side so we started off by entering the main concourse of the ball park on Waveland Avenue and rode through to the main entrance behind home plate and then north on Clark. As if on cue, the rain marked our departure. Initially only a drizzle, the rain became heavy only for a short while through the far north suburbs. By the time we reached Waukegan, the skies had begun to clear and eventually the day became warm and sunny.

The ride itself was extremely well organized. There were six rest stops: Wilmette, Lake Forest, Kenosha for lunch, Racine, South Milwaukee, and an industrial parking lot just a short walk from Miller Park. From there our bikes were collected and we were taken by bus to showers at the downtown Milwaukee YMCA. Despite the earlier bad weather, the night was lovely and indeed, the dome was open for the game. As for the game itself, the Cubs won 1-0.

Following the game, we were bussed back to Wrigley where our bikes and gear were waiting for us. I felt this was a great ride and will consider doing it again next year.



Louis Sullivan Architecture Tour By Anne Alt

On Sunday, September 19, I met my intrepid tour group downtown at the Chicago Cultural Center, where we started our Louis Sullivan architecture tour with a special exhibit about Sullivan's life and work. After the exhibit, we rode to several downtown locations, ranging from Wabash storefronts to the Sullivan Center (formerly Carson Pirie Scott) and the Auditorium Building.

We continued through the Loop and River North to Holy Trinity Russian Orthodox Cathedral, then to Graceland Cemetery. We visited Sullivan's grave and two tombs designed by Adler and Sullivan. Our next stop was the former Krause Music Store on Lincoln Ave., with its beautiful green terra cotta façade. A few stops in Lincoln Park and Old Town were next, followed by the Charnley house on Astor Street. Unfortunately, we ran out of time and didn't get to the last three locations on the south side.

In spite of the gloomy weather forecast, it turned out to be a perfect fall day for riding. It was a treat to share it with such a fun group.



PREZ SEZ

By Anne Alt



We recently surveyed members to get their opinions on how well the club is meeting their needs. Thanks to everyone who took time to complete the survey. I'll give you a few highlights.

What types of CCC rides do you participate in? (choose all that apply)
Social 65%, Touring (30-50 mi) 59%, Touring (50+ mi) 38%, Training 15%, Seniors 12%

What other kinds of riding do you do? (choose all that apply)
General transportation 80%, Solo recreation 74%, Solo commute 57%, Other groups 28%

What's your favorite kind of CCC ride?
Themed rides (historical, neighborhood, cultural, sports); Monday nights; Social rides; Longer (40+ mi) with early finish; Seniors; Longer touring rides (50-80 mi) with interesting destinations; Longer south side rides

What kinds of rides do you want to see?
More Sundays, weekend centuries, women only training rides, 1-day rides of 120-180 miles, earlier starts (done by 10 or 11), more FWEGA-type rides, Saturday a.m. rides, longer rides S or SW

As we spend time over the winter longing for summer to return, please keep these thoughts in mind, whether you're a ride leader or thinking of testing your wings as a new ride leader next year.

We had a Friday evening FWEGA-like social ride series several years ago. If you work in or near downtown and might like to lead such a ride, please consider it for next year. Next spring's ride leader training will be here soon enough.

Our next steering committee meeting will be on Sunday, November 21. If you'd like to get involved in club leadership, we welcome you there. Please contact me for details at pres@chicagocyclingclub.org.

I'm looking forward to seeing you all at our holiday party on Saturday, December 11. Watch your e-mail for an invitation.

See you on the road!



CCC Holiday Party

The CCC's annual holiday potluck party is Saturday, December 11, beginning at 7 p.m. A fun casual event, it's a time to get all club members together to mix and mingle. Please bring a dish. The Club will provide paper goods, cutlery, soda and ice. Because the kitchen is not yet fully unpacked, please bring your own serving utensils if necessary.

The bike, auto and public transport friendly location is at 2133 W. Huron, Chicago, the newly renovated home of Julie Sherman. It's just west of Damen and south of Chicago between Hoyne and Leavitt in Ukrainian Village.

Feel free to bring your friends. We hope to see all of you there.



Why Wool Doesn't Stink

by Mary Stipe

There are two kinds of sweat glands: apocrine glands, the type found in your armpits, and eccrine glands, the type found everywhere else. Eccrine gland secretions don't smell, and thank goodness. But apocrine gland secretions are released through the same pores as the oil glands, and when bacteria on the skin's surface feeds on the fats in these secretions, run for cover and plug your nose!

When this happens, the last thing you want to do is trap the moisture on your body and in your clothing. Unfortunately, that's exactly what happens with most synthetics. But not with wool. Wool is "hygroscopic," which means it easily absorbs moisture. Although other natural fibers have this ability, none beats wool. Moisture passes through it and is released into the air instead of remaining on the skin.

Wool absorbs about 30 percent of its weight in moisture, so it can hold that much without making you feel clammy. Nylon absorbs 4.5 percent, and polyester, just 0.4 percent. With these fibers, moisture remains on the skin and the surface of the fabric, giving that bacteria a veritable feast. You get the leftover sticky skin and a pungent aroma.

A fabric's ability to wick moisture does not make it immune to this, as anybody who has sweated in high-wick fabrics can attest.



CCC Financials: 08/16/2010 - 09/15/2010

Total Assets as of 09/16/2010: \$12,707.08

Total Income: \$2,174.00

Total Expenses: \$1,689.03

Total Assets as of 10/15/2010: \$13,192.05

About the Club

Mission

To facilitate recreational bicycling in a non-competitive environment in and around the Chicago area; to promote safe bicycling habits and proper bicycling etiquette; to provide bicyclists an opportunity to network with other bicyclists; to encourage bicycling as a safe and viable alternative to other modes of transportation.

Contact

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Officers

President: Anne Alt

Vice President: Julie Sherman

Treasurer: Brian Bird

Secretary: Jim Adgate

Member at Large: Justin Sondak,

Julie Hochstadter

Education: TBD

Newsletter: Justin Sondak,

Tom Grose

Rides: Jim Adgate

STYLE YOUR RIDE



JERSEYS

Sleeveless\$50

(Men: S - XL)(Women: S - 2X)

Shortsleeves\$55

(Men: S - 3X)(Women: S - 2X)

Longsleeves \$60

(Men: M - 3X)(Women: M - XL)

WINDBREAKER - \$60

(Men: M - 3X)(Women: S - 2X)

GLOVES - \$10

(XS-2X)

SOCKS - \$6

(S-XL)

CLUB MEMBERS ONLY

may purchase these items by contacting Duane O'Laughlin merchandise@chicagocyclingclub.org

773-612-8157

May not be shipped

We will meet you at a club event or ride or you may pick up items by making arrangements to do so in advance.

BECOME A MEMBER FILL OUT THE FORM AND MAIL IT WITH YOUR CHECK TO CHICAGO CYCLING CLUB

I, for myself and for any other minor on whose behalf I sign this membership application, agree that 1) bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness; 2) ride leaders' maps and/or written directions are provided for my convenience only and not to guarantee a safe route or trip; and 3) I voluntarily participate in club events and assume all risks associated with participation therein, including but not limited to injury, falls, contact with other participants, weather, traffic, and road conditions, all such risks being known and appreciated by me.

Name(s) _____ Birthdate(s) _____

Name(s) _____ Birthdate(s) _____

Address _____

City _____ State _____ Zip _____ Primary

phone _____

Secondary phone _____ E-mail _____

Emergency contact/phone _____

I obtained this membership application from _____

I want to receive a paper copy of the members' directory Yes No the club newsletter Yes No

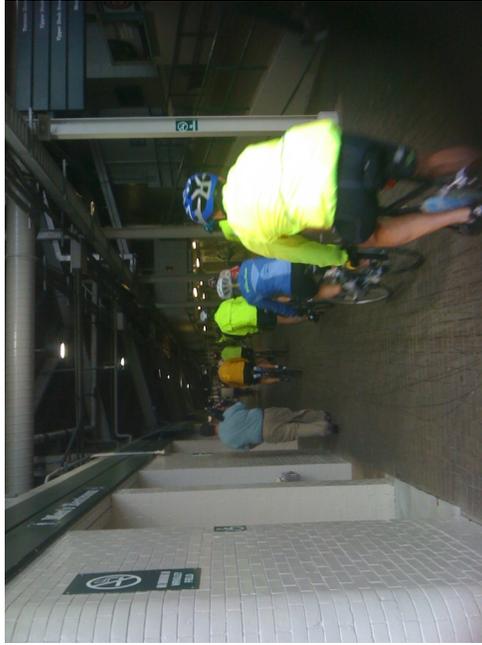
I would like to help with the following: ride planning newsletter publicity meetings social events

Annual dues: Individual (\$20) Family (multiple individuals at one address \$25)

Do not share my contact information: within the Chicago Cycling Club with other bike-related organizations

Signature _____ Date _____

Chicago Cycling Club Newsletter November 2010



A Wrigley Field Ride Good Enough for Sox Fans
September 2010

THE NEWSLETTER OF THE CHICAGO CYCLING CLUB
DERAILLEUR
MAILLEUR  November 2010

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