

Chicago Cycling Club July Ride Schedule

Ride Line: 773-509-8093

Thursday, July 1, 8, 15, 22 and 29, 2010

Social Ride: Weekly Gentlemen (and Ladies) of Leisure Rides (Cycling Seniors)

REMOTE START: North Ave Beach House
10:30 a.m. 10-20 miles, 10-12 mph

Make new friends who bike and go for lunch. This lakefront ride is an opportunity for active gentlemen and ladies, 55+ years, to meet, ride and have lunch. All riders are welcome.

Contact Mitch Gold at (312) 642-1988

Wednesday, July 7, 2010

Training Ride: Wednesday Evening Training

REMOTE START: Roadies' Dunkin' Donuts, Lincoln & California
6:30 p.m. 25 - 35 miles, 19-25 mph
Take your cycling skills and performance to a higher level on this fast-paced training ride aimed at improving your group riding skills. Practice rotating pace lines, close proximity riding and advanced bike handling. traditional road bikes is strongly recommended. Ride pace to be determined by ride participants.

Contact Tom MacNeill-Zimmerman at (773) 571-8087

Saturday, July 10, 2010

Social Ride: 12th Annual Bike for Burgers

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)
8:30 a.m. 35 miles, 10-12 mph

Join Joe Dickstein as he leads a savvy (and hungry) group of cyclists to a brunch-lunch stop at Hackney's in accordance with the Chicago Cycling Club's unofficial motto of "we ride to eat." Bring bike, wallet, cash and appetite to this ride. Contact Joe Dickstein at (773) 262-0031

Saturday, July 10, 2010

Social Ride: 3rd Annual South Lakefront and Boulevard Architectural Tour

REMOTE START: Queens Landing, east of Buckingham Fountain and Lake Shore Drive
9:30 a.m. 28 miles, 12 -14 mph
The residential architecture on the near south side has a remarkable history and future, including Prairie Ave., Bronzeville, Lake



Meadows, Stephen Douglas's tomb, the Robie and Blossom Houses, the Midway, and the Boulevards. Rest stops but no lunch stop, a quick spiel at each point of interest, and as many bike lanes as we can hit. Back by about 1 p.m.
Contact George Vrechek at (312) 654-8909

Sunday, July 11, 2010

Touring Ride: Conway Farms with a Glen

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

8:00 a.m. 70 miles, 14-18 mph
Going up to Conway, we'll pass through the Glen, the new development on the former Glenview Naval Air Station, with

a lunch stop in downtown Highland Park, if desired. There will be a few stretches with traffic. Contact Art Gilfand at (773) 871-1872

Sunday, July 11, 2010

Social Ride: Mid-season Picnic Ride

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

9:30 a.m. 30 miles, 8-12 mph
Our traditional summer potluck. Please contact the ride leader so we can coordinate food and other necessities. Ride to Promontory Point for our feast, then ride back. There will be a grocery store stop on the way. Contact Anne Alt at (312) 520-1641

Monday, July 12, 2010

Training Ride: Introduction to Training Rides

START: Clock Tower at Waveland and Lake Shore Dr. (3700N)

6:30 p.m. 30 miles, 18-20 mph
Curious to find out what training rides are all about ? This ride has the look and feel of a training ride, at a slower pace. Emphasis is on smooth riding techniques and paceline etiquette. Contact Joseph DeCastelneau at (312) 961-8289

Wednesday, July 14, 2010

Training Ride: Wednesday Evening Training

See listing for July 7.
Contact Brad Winckler at rides@chicagocyclingclub.org

New rides are being added all the time!

For an up-to-date schedule, or a look at the rest of the season, go to: www.chicagocyclingclub.org!

Chicago Cycling Club July Ride Schedule

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Saturday, July 17, 2010

Touring Ride: Waterford Factory Tour and Ride

REMOTE START: Waterford Precision Cycles, 816 Bakke Street, Waterford, WI
8:30 a.m. 20-60 miles, 12-20 mph
Richard Schwinn sponsors 3 self-paced, supported group rides (slow, moderate, and fast) through the beautiful rolling countryside around Waterford, WI, a joint ride with other area bike clubs. Schwinn will give tours of the factory between 8:00 and 8:30, rides start at 9:00. To arrange carpools, post to the CCC-chat list. Allow 1.5 hours car travel from Evanston, link to map is on club rides page. Contact Jim Adgate at rides@chicagocyclingclub.org



Contact Joseph Dickstein/Dave Skogley at (773) 262-0031

Saturday, July 24, 2010

Touring Ride: Ryerson Conservation Area

START: Clock Tower at Waveland and LSD (3700N)
8:30 a.m. 62 miles, 15-17 mph
Ride with minimal stops. Check in starts at 8:10.

Contact Take Yamamoto at (773) 528-7812

Sunday, July 25, 2010

Social Ride: Chinatown/Bridgeport

START: Clock Tower at Waveland and LSD
9:30 a.m. 35 miles, 12-16 mph
Ride through near northwest and southwest sides to dim

sum in Chinatown, head back through near north and south sides. Please bring locks and money for brunch.

Contact Art Gilfand at (773) 871-1872

Sunday, July 18, 2010

Social Ride: fRedhots and Fries

REMOTE START: Jefferson Park Field House, 4822 N Long Ave., Chicago
11:00 a.m. 30 miles, 12-14 mph
Let Alice introduce you to Smoked Salmon, Buffalo, Chicken or good ol' beef dogs, served with a generous side of Frites and gourmet sauces by a guy named Fred. Veggie options also available. Our route will lead through Sauganash, Niles and Glenview. Contact Alice O'Laughlin at (773) 294-7533

Monday, July 26, 2010

Training Ride: Introduction to Training Rides

See listing for July 12

Contact Rich Baumgarten at (773) 759-8690

Monday, July 19, 2010

Training Ride: Introduction to Training Rides

See listing for July 12.

Contact Larry Allingham at (312) 286-1317

Wednesday, July 28, 2010

Social Ride: FWEGA (Fourth Wednesday Getting Acquainted Ride)

START: Clock Tower at Waveland and LSD
6:30 p.m. 10 miles, 12-14 mph

A club tradition. Meet new friends, see old ones.

Contact Anne Alt at (312) 520-1641

Wednesday, July 21, 2010

Training Ride: Wednesday Evening Training

See listing for July 7.

Contact Bevan Brookfield at (312) 446-1737

Wednesday, July 28, 2010

Training Ride: Wednesday Evening Training

See listing for July 7.

Contact Jeremy Treister at (312) 823-7926

Saturday, July 24, 2010

Social Ride: Wander to Whiting for Pierogi Fest

REMOTE START: 31st Street Beach House
10:00 a.m. 35 miles, 10-12 mph
Oprah Winfrey ranked Pierogi Fest in the top 7 events on Oprah.com's Summer Travels. Will this year's fest be as good? Will we get to meet Oprah?

Saturday, July 31, 2010

Touring Ride: Beer Run to Three Floyds

START: Clock Tower at Waveland and LSD
10:00 a.m. 70 miles, 16-20 mph

Second start at the 31st Street beach at 10:45; break at Wolf Lake, lunch at Three Floyds.

Those who are interested may stay for the 3 p.m. brewery tour. The group won't necessarily stay together. Bring money, a lock and panniers. Contact Bob Hsiung at (773) 726-3227

New rides are being added all the time!

For an up-to-date schedule, or a look at the rest of the season, go to: www.chicagocyclingclub.org!