

# DERAILLEUR MAILLEUR

June 2010



## Bike The Drive with the CCC

Sunday, May 30 is the only day of the year that you can (legally) bike on Lake Shore Drive. Come represent the Chicago Cycling Club by riding with us and volunteering at our club tent. Ride registration is required and includes a 1-year membership to Active Transportation Alliance.

Brian Bird leads "Bike the Drive Twice," a faster-paced expedition. It's the ride so nice, he's doing it twice. That means he's sticking to a 16-18 mph pace with only two 10-15 minute rest stops. Meet at 6 a.m. in Grant Park at Columbus and Jackson. Look for the friendly dude in the club jersey.

The Club still needs volunteers for it's Post-Ride Festival tent. Reach the thousands of cyclists who are discovering or remembering how excellent biking in Chicago can be. All you need to do is sit at the club tent in Grant Park for an hour or two, passing out materials and promoting our rides to all those

beautiful folks in spandex. Shifts run from 8 a.m. - noon, so you can work a shift once you're done biking down Lake Shore. To volunteer, send an email to [editor@chicagocyclingclub.org](mailto:editor@chicagocyclingclub.org)



## The Rides Committee Wants You!

By Jim Adgate

Are you interested in meeting or getting to know more CCC members and learning about new places to ride in Chicagoland? Not sure you are ready to lead a ride but still want to be involved in the club? Want to have a positive impact and influence on the club?

Well, consider helping the club plan and get rides on our calendar. The club will be looking to fill position(s) on the rides committee later this year and early next year to handle the rides calendar next year. The club could use 2-3 people to schedule rides on the calendar, which would require very little time and effort for each person.

This club exists to ride and we have a wide variety of ride types, so this is a key part of the club. And as an additional benefit, most of the planning and filling out the ride calendar can also be done in winter and early spring, so you will be able to ride during the warmer months, as we all want to do. Finally, you can have a big impact on the club by helping to plan the mix of scheduled touring, training, and social-paced rides.

We'll have more articles this summer on getting involved with the rides committee.

If there is enough interest, I may have a meeting later this year to talk about the process and talk to anyone who is interested. For more details, please contact me at [rides@chicagocyclingclub.org](mailto:rides@chicagocyclingclub.org)



## Bike To Work and Win

Join in the fun and register for this year's Bike to Work Week.

The Active Transportation Alliance's annual Bike to Work Week, June 12-18, puts companies in a wheel-to-wheel competition to see who can cross the finish line as the greenest and healthiest company in Chicago.

Companies compete with other companies of similar size to see which can have the highest percent of employees bike all or part of their commute at least once during the week. The company with the highest percentage of participation wins!

Registration is easy. All you have to do is pick a team leader who registers the team online at <http://www.activetrans.org/commuterchallenge/> and then keeps track of participation during the week. Whether it's a 20 mile ride or a ¼ mile ride, every trip counts.

Get your office to start the day out right while enjoying a little healthy competition, bike to work!

# PREZ SEZ

By Anne Alt



Bike safety is an integral part of the Chicago Cycling Club's mission. Our aim is to promote safe group riding. We encourage all members and guests to ride safely when they are not on club rides. Stopping at all red lights is a must when riding with the club. Being visible and predictable can make the difference between a pleasant ride and an unforgettably traumatic day.

Illinois law has a few requirements for visibility at night: a headlight (white light visible at least 500 feet to the front) and rear reflector or light (red, visible at least 100-600 feet to the rear). New bikes are required to be sold with side reflectors, which are worth keeping for their value in making you visible to traffic while crossing intersections. Those of us who both ride and drive have undoubtedly had experiences that illustrated the difference these safety measures can make in helping to avoid collisions. More visibility can only keep you and others safer. Creative use of lights and reflective materials can be a fun, artistic challenge, if you're so inclined.

Please take a few minutes to review the Chicago and Illinois bike laws at the links on this web site:

<http://www.chicagobikes.org/bikelaws/index.php>

Those links include information for drivers on their obligations to cyclists. Cars must allow three feet when passing.

Drivers are liable if they hit cyclists with car doors. Whether you drive or not, it is useful to be familiar with these laws. Responsibility goes both ways.

What do you do to keep yourself safe when you're not riding with the club? It's something for all of us to consider throughout the year. Many riders recently participated in the Ride of Silence, a remembrance of fallen cyclists.

(<http://www.rideofsilence.org>) On this ride and others, we have observed Ghost Bikes throughout the city.

(<http://www.ghostbikes.org/Chicago>) Imagine a year when no cyclists have lost their lives on Chicago streets and no new ghost bike memorials need to be installed. Let's all strive to make this a reality.

See you on the road!



## A Blast on the 4th of July Weekend

By Take Yamamoto

Get away for the July 4th weekend with the CCC and enjoy 3 days of challenging cycling on the hills around Madison, Wisconsin. Advanced cyclists will enjoy the 50 mile rides on Saturday and Sunday and a shorter ride of 30 miles on Monday. Don't expect it to be an easy Monday though, as it is hilly. All rides are rated as "Moderately Hilly" by the local cycling club, a step below the highest ranking of "Hilly". Upon request, longer routes will be available for Saturday and Sunday. During the evenings, enjoy group get-togethers for dinner and other entertainment. We'll definitely see what is billed as the largest fireworks display in the Midwest in Madison.

We'll be staying in local motels and hotels for the weekend. Arranging lodging will be the responsibility of the rider, but I will provide names of those looking for roommates and some options on places to stay. RSVP is required by Thursday, July 1. RSVP to Take Yamamoto at [vo2mincyclist@yahoo.com](mailto:vo2mincyclist@yahoo.com) or (773) 528-7812. Please provide your name, phone number and e-mail so I can respond with a trip letter with details. If you are looking for a roommate, specify whether you are male or female and how you want to be contacted, either e-mail or phone. You will be provided with a list of others looking for a roommate and their contact information. Note that the chance of finding a roommate are greater, the earlier you RSVP. Also, let me know if you would like to ride longer routes on Saturday or Sunday.



## June Club Meeting

Bring your "A" game and join your CCC friends on Tuesday, June 8 at 7 p.m. at Guthrie's Tavern, 1300 West Addison, Chicago. Share your summer riding stories, meet CCC'ers, and challenge them to Connect Four, Apples to Apples or any of the dozens of board games stocked at this casual Wrigleyville bar. A selection of delivery menus is on hand in case we get hungry.

Although the Cubs are away that night, street parking is a challenge. Bike parking is available and the red and brown line CTA stations are in walking distance.



## About the Club

### Mission

To facilitate recreational bicycling in a non-competitive environment in and around the Chicago area; to promote safe bicycling habits and proper bicycling etiquette; to provide bicyclists an opportunity to network with other bicyclists; to encourage bicycling as a safe and viable alternative to other modes of transportation.

### Contact

Snailmail: P O Box 1178, Chicago, IL 60690-1178

Website:

www.chicagocyclingclub.org

General:

info@chicagocyclingclub.org

Newsletter:

editor@chicagocyclingclub.org

Rides:

rides@chicagocyclingclub.org

Telephone: 773.509.8093

### Officers

President: Anne Alt  
 Vice President: Julie Sherman  
 Treasurer: Brian Bird  
 Secretary: Jim Adgate  
 Member at Large: Justin Sondak,  
 Julie Hochstadter  
 Education: TBD  
 Newsletter: Justin Sondak,  
 Tom Grose  
 Rides: Jim Adgate

### Ride Safety Reminder

By Anne Alt

I've been hearing that some riders on recent club rides have treated stopping at red lights as optional. Our club's policy is that ALL riders MUST stop at red lights and wait for green before proceeding. If an accident occurs because you run a red light, club insurance will NOT cover you, as you will be considered negligent. If you run a red light and cause an accident that causes significant injury and/or property damage, YOU are liable. Ride safety is everyone's responsibility.



### CCC Financial Report - 4/16/2010 through 5/15/2010

Balance as of 04/16/2010: \$9,448.73  
 Total Income: \$670.00  
 Total Expenses: \$37.89  
 Balance as of 05/15/2010: \$10,080.84



## STYLE YOUR RIDE



### JERSEYS

Sleeveless .....\$50  
 (Men: S - XL)(Women: S - 2X)  
 Shortsleeves .....\$55  
 (Men: S - 3X)(Women: S - 2X)  
 Longsleeves ..... \$60  
 (Men: M - 3X)(Women: M - XL)  
 WINDBREAKER - \$60  
 (Men: M - 3X)(Women: S - 2X)  
 GLOVES - \$10  
 (XS-2X)  
 SOCKS - \$6  
 (S-XL)  
 BOTTLE - \$3

CLUB MEMBERS ONLY may purchase these items by contacting Duane O'Laughlin merchandise@chicagocyclingclub.org 773-612-8157 May not be shipped We will meet you at a club event or ride or you may pick up items by making arrangements to do so in advance.

### BECOME A MEMBER FILL OUT THE FORM AND MAIL IT WITH YOUR CHECK TO CHICAGO CYCLING CLUB

I, for myself and for any other minor on whose behalf I sign this membership application, agree that 1) bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness; 2) ride leaders' maps and/or written directions are provided for my convenience only and not to guarantee a safe route or trip; and 3) I voluntarily participate in club events and assume all risks associated with participation therein, including but not limited to injury, falls, contact with other participants, weather, traffic, and road conditions, all such risks being known and appreciated by me.

Name(s) \_\_\_\_\_ Birthdate(s) \_\_\_\_\_  
 Name(s) \_\_\_\_\_ Birthdate(s) \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Primary  
 phone \_\_\_\_\_  
 Secondary phone \_\_\_\_\_ E-mail \_\_\_\_\_  
 Emergency contact/phone \_\_\_\_\_

I obtained this membership application from \_\_\_\_\_  
 I want to receive a paper copy of the members' directory  Yes  No the club newsletter  Yes  No  
 I would like to help with the following:  ride planning  newsletter  publicity  meetings  social events  
 Annual dues:  Individual (\$20)  Family (multiple individuals at one address \$25)  
 Do not share my contact information:  within the Chicago Cycling Club  with other bike-related organizations

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Chicago Cycling Club Newsletter June 2010



Cycling Seniors Ride the Lakefront  
and Make New Friends

THE NEWSLETTER OF THE CHICAGO CYCLING CLUB  
**DERAILLEUR**  
MAILLEUR  June 2010

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