

at	go	for			
0.0	=09:10= S on Lakefront Path	8.9	23.2	R (S) at end on Wolf Lake Blvd	0.2
8.9	=09:55= 31st St Beach House, continue	5.5	23.4	=10:50= REST STOP	
14.4	=10:15= L (E) on 71st	0.2	23.4	=11:05= S on Wolf Lake Blvd; later, bear R toward park exit	0.4
14.6	R (SE) on S Shore	1.7	23.8	L (E) at T on 130th	0.0
16.3	L (E) at cathedral on 83rd	0.1	23.8	R (S) at end on Ave N	0.6
16.4	R (S) on Burley = Hwy 41	0.5	24.5	R (W) on 135th	0.1
16.9	L (E) at T on 87th	0.1	24.5	L (S) on Ave O	1.0
17.1	R (S) on Mackinaw	0.6	25.5	cross Burnham Ave bridge	0.7
17.7	L (SE) on Ewing, cross bridge	0.5	26.3	at bottom, bear R, make 180° turn N	0.2
18.2	E on 95th, continue on Grilly	0.2	26.4	L (NW) on State	0.5
18.4	L (E) at T on Foreman	0.8	26.9	=11:20= L (S) on Burnham Greenway	5.0
19.2	L (S) at T on Grilly, bear R (W) on 100th	0.5	31.9	=11:40= from Roy: L (W) on 181st, R (S) on Henry; at Ridge: pick up Greenway again at SE corner	0.4
19.6	L (SW) at end, cross under tracks	0.1	32.3	next L (N) on Wentworth	0.1
19.7	L (SE) under Skyway on Burnham Greenway	0.6	32.4	next R (E) on Terrace into IN	0.3
20.3	=10:40= at light, cross Indianapolis Blvd, continue S onto path; later, continue into forest preserve	2.2	32.6	R (S) on Forest (1st blue street sign)	0.3
22.5	L (E) on TINY path into woods (if you get to Ave O, you've gone too far)	0.0	33.0	bear L (SE) at end on Timrick	0.4
22.6	R (S) onto Wolf Lake Blvd (unmarked)	0.6	33.4	L (E) at end on Fisher	0.5
23.1	L (E) at T on Veterans	0.1	33.9	R (S) on Calumet (path when possible)	1.0
			34.9	R (W) on Superior	0.3
			35.2	L (S) on Indiana Parkway	0.1

35.3	=11:55= THREE FLOYDS 9750 Indiana Parkway, (219) 922-3565		47.4	R (N) on Wolf Lake Blvd	0.6
35.3	N on Indiana Parkway	0.1	48.0	L (W) on tiny path out of woods	0.0
35.4	R (E) at end on Superior	0.3	48.0	R (N) on Burnham Greenway	2.2
35.7	L (N) at T on Calumet *to Metra* below	1.0	50.2	cross Indianapolis Blvd, continue NW	0.6
36.7	L (W) on Fisher	0.5	50.8	R (N) on Ewing	0.7
37.2	R (N) on Manor	1.4	51.5	cross 95th, cross bridge	0.5
38.6	L (W) on Fairbanks	0.2	52.0	N on Mackinaw	0.6
38.8	R (N) on Hohman	3.3	52.6	L (W) at T on 87th	0.1
42.1	R (SE) on Sibley	0.4	52.7	R (N) on Burley = Hwy 41	0.5
42.5	L (N) on Sohl, becomes Johnson	2.0	53.2	L (W) on 83rd	0.1
44.5	L (W) on 138th	0.2	53.3	R (N) on S Shore, continue NW	1.7
44.7	R (N) at end on Hohman, merges with Sheffield	0.2	55.0	L (W) at T on 71st	0.2
44.9	L (W) on 136th, becomes 134th in IL	1.1	55.2	R (N) onto sidewalk = Lakefront Path	14.4
46.0	R (N) on Ave M	0.4	35.9	*to Metra* L (W) on 45th = Glenwood Lansing, becomes Main in IL	5.9
46.4	L (W) on 131st	0.1	41.8	bear L (W) on Chicago Hts Glenwood	0.3
46.4	R (N) on Ave N	0.1	42.1	R (N) at T on 187th, continue W	2.1
46.5	L (W) at end on 130th	0.0	44.2	L (S) at T on Dixie	0.5
46.6	R (N) into park on Wolf Lake Blvd	0.4	44.7	R (W) on Flossmoor	0.7
47.0	REST STOP		45.4	R (NE) on Sterling	0.1
47.0	continue N on Wolf Lake Blvd	0.3	45.5	FLOSSMOOR STATION 1035 Sterling Ave, (708) 957-2739 Metra 1.4:10 4:49 5:54 6:53 7.11:52	
47.3	L (W) on Veterans	0.1			

Rules for Our Rides

Bicycles are vehicles—traffic laws that apply to motorists apply to bicyclists.

1. Riding in a group offers no additional protection over riding individually. Use the same caution that you would when riding alone.
1. Ride in a **STRAIGHT LINE** as far to the right as practicable. Please don't duck in behind parked cars.
1. Be predictable. Try to avoid sudden stops. Remember that someone is right behind you. If you drop something, pull off and wait for a safe time to go back and get it.
1. Never ride more than two abreast- -single file is often the only safe option on narrow or busy streets.
1. Be alert for overtaking cars and cyclists and allow them room to pass when practicable.
1. If someone calls out "**CAR BACK**", there is a car approaching from the rear. This is a signal to ride single-file and as far right as practicable so traffic can pass safely.
1. Stop for **ALL RED** stoplights- it's OK for the group to be spread out a bit—we'll come back together eventually. If you're stopped and going straight, please don't block the turn lane.
1. Do not call out "clear" when crossing intersections, as conditions may change quickly in city traffic.

1. Signal your intentions verbally and with hand signals when turning, changing lanes, passing, slowing, and stopping.

1. Use hand signals to point out hazards or obstacles in the road (i.e., glass, potholes, car doors about to open into traffic). Hand signals are preferable to verbal signals, as voices often are not clearly heard in traffic.

1. Make all left turns as if you are driving a car—if you can't (or won't) do this, then you must walk your bike through the intersection via pedestrian crosswalks.

1. Get completely out of traffic flow whenever stopping for repairs or rest.

1. If you need repairs, accept help if offered. This gets everyone going as quickly as possible.

1. Do not use a cell phone while riding. Cycling requires two hands and your complete attention. In case of emergency, get out of the flow of traffic to stop and use your phone.

1. Let someone know if you leave the ride.

1. Have fun.

Application for Membership

Please read this carefully and sign up to join!

I, for myself and for any minor on whose behalf I sign this membership application, agree that:

- 1) Bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness;
- 2) Ride leaders' maps and/or written directions are provided for my convenience only and not to guarantee a safe route or trip; and
- 3) I voluntarily participate in club events and assume all risks associated with participation therein, including but not limited to: injury, falls, contact with other participants, weather, traffic, and road conditions; all such risks being known and appreciated by me.

Name _____

Address _____

City/State/Zip _____

Phone _____

(Eve) _____ / _____

(Day) _____ / _____

E-mail _____

Emergency Contact _____

Emergency Phone _____

Annual Dues: _____ Individual \$18.00 _____ Family \$23.00

Where did you hear of CCC? _____

I would like to help with: _____

____ Ride planning ____ Newsletter ____ Events ____ Publicity
Signature _____

Date _____

Signature of parent or guardian if applicant is under 18: _____

Make checks payable to Chicago Cycling Club and mail to:

**Chicago Cycling Club P.O. Box 1178
Chicago, IL 60690-1178**