

| at | go | for | | | |
|------|---|-----|------|--|-----|
| 0.0 | =09:10= E on Washington | 0.2 | 18.7 | L (E) at T on Veterans | 0.1 |
| 0.2 | R (S) on Wabash | 0.2 | 18.8 | R (S) at end on Wolf Lake Blvd | 0.2 |
| 0.4 | L (E) on Monroe | 0.4 | 19.0 | =10:50= REST STOP | |
| 0.8 | R (S) on Lakefront Path | 6.8 | 19.0 | =11:00= S on Wolf Lake Blvd | 0.4 |
| 7.6 | =09:55= Promontory Point, continue | 2.4 | 19.4 | L (E) at T on 130th | 0.0 |
| 10.0 | =10:05= L (E) on 71st | 0.2 | 19.4 | R (S) at end on Ave N | 0.6 |
| 10.2 | R (SE) on S Shore | 1.7 | 20.0 | R (W) on 135th | 0.1 |
| 11.9 | L (E) at cathedral on 83rd | 0.1 | 20.1 | L (S) on Ave O | 1.0 |
| 12.0 | R (S) on Burley = Hwy 41 | 0.5 | 21.1 | cross Burnham Ave bridge | 0.7 |
| 12.5 | L (E) at T on 87th | 0.1 | 21.8 | at bottom, bear R, make 180° turn N | 0.2 |
| 12.6 | R (S) on Mackinaw | 0.6 | 22.0 | L (NW) on State | 0.5 |
| 13.2 | L (SE) on Ewing, cross bridge | 0.5 | 22.5 | =11:15= L (S) on Burnham Greenway | 5.0 |
| 13.7 | E on 95th, continue on Grilly | 0.2 | 27.5 | =11:40= from Roy: L (W) on 181st, | 0.4 |
| 13.9 | L (E) at T on Foreman | 0.8 | | R (S) on Henry; at Ridge: | |
| 14.7 | L (S) at T on Grilly, bear R (W) on 100th | 0.5 | | pick up Greenway again at SE corner | |
| 15.2 | L (SW) at end, cross under tracks | 0.1 | 27.9 | next L (N) on Wentworth | 0.1 |
| 15.3 | L (SE) on Burnham Greenway | 0.6 | 28.0 | next R (E) on Terrace into IN | 0.3 |
| 15.9 | =10:35= at light, cross Indianapolis, | 2.2 | 28.3 | R (S) on Forest (1st blue street sign) | 0.3 |
| | continue onto path, into forest preserve | | 28.6 | bear L (SE) at end on Timrick | 0.4 |
| 18.1 | L (E) on TINY path into woods (if you | 0.0 | 29.0 | L (E) at end on Fisher | 0.5 |
| | get to Ave O, you've gone too far) | | 29.5 | R (S) on Calumet (path when possible) | 1.0 |
| 18.1 | R (S) onto Wolf Lake Blvd (unmarked) | 0.6 | 30.5 | R (W) on Superior | 0.3 |
| | | | 30.8 | L (S) on Indiana Parkway | 0.1 |

Bob Hsiung (Three Floyds group) and Kevin Conway (Flossmoor Station group)

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| | | | | | |
|------|---|-----|------|--|------|
| 30.9 | =11:55= THREE FLOYDS | | 43.0 | R (N) on Wolf Lake Blvd | 0.6 |
| | 9750 Indiana Parkway, (219) 922-3565 | | 43.6 | L (W) on tiny path out of woods | 0.0 |
| 30.9 | N on Indiana Parkway | 0.1 | 43.6 | R (N) on Burnham Greenway | 2.2 |
| 31.0 | R (E) at end on Superior | 0.3 | 45.8 | cross Indianapolis Blvd, continue NW | 0.6 |
| 31.3 | L (N) at T on Calumet *to Metra* below | 1.0 | 46.4 | R (N) on Ewing | 0.7 |
| 32.3 | L (W) on Fisher | 0.5 | 47.1 | cross 95th, cross bridge | 0.5 |
| 32.8 | R (N) on Manor | 1.4 | 47.6 | N on Mackinaw | 0.6 |
| 34.2 | L (W) on Fairbanks | 0.2 | 48.2 | L (W) at T on 87th | 0.1 |
| 34.4 | R (N) on Hohman | 3.3 | 48.3 | R (N) on Burley = Hwy 41 | 0.5 |
| 37.7 | R (SE) on Sibley | 0.4 | 48.8 | L (W) on 83rd | 0.1 |
| 38.1 | L (N) on Sohl, becomes Johnson | 2.0 | 48.9 | R (N) on S Shore, continue NW | 1.7 |
| 40.1 | L (W) on 138th | 0.2 | 50.6 | L (W) at T on 71st | 0.2 |
| 40.3 | R (N) at end on Hohman, merges with | 0.2 | 50.8 | R (N) onto sidewalk = Lakefront Path | 10.0 |
| | Sheffield | | 31.5 | *to Metra* L (W) on 45th = Glenwood | 5.9 |
| 40.5 | L (W) on 136th, becomes 134th in IL | 1.1 | | Lansing, becomes Main in IL | |
| 41.6 | R (N) on Ave M | 0.4 | 37.4 | bear L (W) on Chicago Hts Glenwood | 0.3 |
| 42.0 | L (W) on 131st | 0.1 | 37.7 | R (N) at T on 187th, continue W | 2.1 |
| 42.1 | R (N) on Ave N | 0.1 | 39.8 | L (S) at T on Dixie | 0.5 |
| 42.2 | L (W) at end on 130th | 0.0 | 40.3 | R (W) on Flossmoor | 0.7 |
| 42.2 | R (N) into park on Wolf Lake Blvd | 0.4 | 41.0 | R (NE) on Sterling | 0.1 |
| 42.6 | REST STOP | | 41.1 | FLOSSMOOR STATION | |
| 42.6 | continue N on Wolf Lake Blvd | 0.3 | | 1035 Sterling Ave, (708) 957-2739 | |
| 42.9 | L (W) on Veterans | 0.1 | | Metra @ 1.4:10 4:49 5:54 6:53 7..11:52 | |

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Rules for Our Rides

Bicycles are vehicles—traffic laws that apply to motorists apply to bicyclists.

1. Riding in a group offers no additional protection over riding individually. Use the same caution that you would when riding alone.
2. Ride in a **STRAIGHT LINE** as far to the right as practicable. Please don't duck in behind parked cars.
3. Be predictable. Try to avoid sudden stops. Remember that someone is right behind you. If you drop something, pull off and wait for a safe time to go back and get it.
4. Never ride more than two abreast- -single file is often the only safe option on narrow or busy streets.
5. Be alert for overtaking cars and cyclists and allow them room to pass when practicable.
6. If someone calls out "**CAR BACK**", there is a car approaching from the rear. This is a signal to ride single-file and as far right as practicable so traffic can pass safely.
7. Stop for **ALL RED** stoplights- it's OK for the group to be spread out a bit—we'll come back together eventually. If you're stopped and going straight, please don't block the turn lane.
8. Do not call out "clear" when crossing intersections, as conditions may change quickly in city traffic.

9. Signal your intentions verbally and with hand signals when turning, changing lanes, passing, slowing, and stopping.
10. Use hand signals to point out hazards or obstacles in the road (i.e., glass, potholes, car doors about to open into traffic). Hand signals are preferable to verbal signals, as voices often are not clearly heard in traffic.
11. Make all left turns as if you are driving a car—if you can't (or won't) do this, then you must walk your bike through the intersection via pedestrian crosswalks.
12. Get completely out of traffic flow whenever stopping for repairs or rest.
13. If you need repairs, accept help if offered. This gets everyone going as quickly as possible.
14. Do not use a cell phone while riding. Cycling requires two hands and your complete attention. In case of emergency, get out of the flow of traffic to stop and use your phone.
15. Let someone know if you leave the ride.
16. Have fun.

Application for Membership

Please read this carefully and sign up to join!

I, for myself and for any minor on whose behalf I sign this membership application, agree that:

- 1) Bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness;
- 2) Ride leaders' maps and/or written directions are provided for my convenience only and not to guarantee a safe route or trip; and
- 3) I voluntarily participate in club events and assume all risks associated with participation therein, including but not limited to: injury, falls, contact with other participants, weather, traffic, and road conditions; all such risks being known and appreciated by me.

Name _____

Address _____

City/State/Zip _____

Phone _____

(Eve) _____ / _____

(Day) _____ / _____

E-mail _____

Emergency Contact _____

Emergency Phone _____

Annual Dues: _____ Individual \$18.00 _____ Family \$23.00

Where did you hear of CCC? _____

I would like to help with: _____

____ Ride planning ____ Newsletter ____ Events ____ Publicity
Signature _____

Date _____

Signature of parent or guardian if applicant is under 18: _____

Make checks payable to Chicago Cycling Club and mail to:

**Chicago Cycling Club P.O. Box 1178
Chicago, IL 60690-1178**