Revised 8/22/11

C:\GILFAND\A-PERSONAL\ccc\2011\[Pampered\_2011.xis]PAMPERED MILEAGE 2011

	Acc'd
але	milean

Left	0.20	24.85	bike path NORTHBOUND @ Sheridan	SHARP LEFT TURN, LOW OVERHANG
<u> </u>	ļ	24.65		FOLLOW RIDE LEADER HERE!
	<del>                                     </del>	24.65		ON BIKE PATH AT SHERIDAN
Right	0.40		bike path @ Rockland to path @ Sheridan	EXTREME CAUTION AT TURN
Right	1.65		Green Bay Rd NB to bike path @ Rockland	Single file on Green Bay Rd.
Left	0.20		Attenridge WB to Green Bay Rd	Cinale file on Consum Base Bul
Right	0.30		Oakwood NB to Atteridge	
Left	0.10		Westminster WB to Oakwood	
Right	0.05		Bank Lane NB to Westminster	Street looks more like an alley.
Left	0.05	21.95	Market Square WB to Bank Ln.	Ride through shopping center to end and turn right. Watch for parked cars. No street sign.
Left	1.00	21.90	Western NB to Market Square	Left at the historic Market Square shopping center.
Right	0.85		Onwentisa EB to Western	
Right	0.25		Poplar EB to Onwentisa	
Left	0.65	<del></del>	Basswood NB to Poplar	
Right	0.60		Westleigh EB to Basswood	Cross US41, first left after US41, before river
Right	1.30		Ridge Rd. NB to Westleigh	
Continue	0.15		exit Norcroft Park	
Continue		1	enter rest stop in Norcroft Park	1.2 miles north of Half Day Rd.
Right	0.15	~~	Kimberly Ln. EB into Norcroft Park	Around 18 miles to first rest stop
Continue	1.10		Ridge Rd. NB to Kimberly Lane	Rest Stop at Norcroft Park
Right	0.80	15.85	Tennyson NB to Half Day Rd. (SR22)	Do not ride more than two abreast. Lake Forest enforces law.
Left	0.30	15.05	Churchill WB to Tennyson	enter sub division
Right	0.10		Ridge Rd. NB to Churchill Rd	
Left	0.75		Park Avenue West WB to Ridge Rd.	
Continue	2.75	13.90	Bike path NB to Park Avenue West	
Left	1.50		Skokie Highway NB to Lake Cook (north sidewalk)	Use sidewalk to access bike path
Right	0.75	9.65	Sunset Ridge Rd. NB to Skokie Hwy	
Right	1.50	8.90	Happ Rd. NB to Sunset Ridge	
Right	0.35	7.40	Old Willow Rd. NB to Happ Rd	
Left	1.05		Willow Rd. WB to Old Willow Rd.	Watch for traffic on Edens interchange. Turn right at second traffic light.
Right	1.15	6.00	Hibbard Rd. NB to Willow Rd.	
Right	1.25		Illinois Rd. WB to Hibbard	
Left	0.15	<del></del>	Birchwood WB to Illinois Rd.	
Right	0.10	+	Hunter NB to Birchwood	
Left	0.45		Washington WB to Hunter	
Right	0.05		Ridge NB to Washington	a dog leg R/L
Left	0.45	2.85	Highland WB to Ridge	Possible construction: Detour at Harvard NB to Birchwood WB to Ridge, dogleg R/L at Ridge
Right	0.40	2.40	15th St. NB to Highland	Cross traffic does not stop at Wilmette & Highland
Left	0.30		Isabella WB to 15th St.	
Continue	0.25		McDaniel NB to Isabella	
R/L	0.05		Dogleg at Central	
Right	0.20		McDaniel NB to Central	
Right	1.20	1.20	Lincoln Street WB to McDaniel	
Depart	-	-	Chandler to Lincoln Street	
Direction	Mileage	mileage		
		Acc'd		

Revised 8/22/11

C:\GILFAND\A-PERSONAL\ccc\2011\[Pampered\_2011.xls]PAMPERED MILEAGE 2011

Acc'd mileage Direction Mlleage

Continue	2.40	27.25	path NB to Great Lakes METRA station	Single file on bike path.
Continue	2.10			
	İ		ramp down to SR137 Buckley Rd., just north of	
Right	0.25	27.50	new METRA station on other side of bridge.	cross Sheridan Road onto ramp
Continue	0.80		Buckley Rd. WB to Green Bay Rd.	
Continue	0.00	20.50	Duckies To the Company	
s		20.45	Green Bay NB to Argonne Ave	
Right	1.15			
Left	0.15	29.60	Argonne Ave EB to Dugdale	
Right	2.00	31.60	Dugdale Rd NB to Washington Park	Turn left at Dugdale Park, shortly after traffic light at Lewis Avenue.
Left	0.25	31.85	Washington Pk NB to Belvedere Rd.	
Right	0.05		Belvedere Rd. EB to Glen Rock Ave.	jog right/left to Glen Rock Ave.
Left	0.25	32.15	Glen Rock Ave NB to Butrick St.	
Left	1.40		Butrick St. NB to Ridgeland	four way stop at Ridgeland
Right	0.20		Ridgeland EB to Linden	
Left	0.35		Linden NB to Grove	
Right	0.15		Grove EB to Jackson	
Left	1.40		Jackson NB to Blanchard	
	0.60		Blanchard Rd. EB to Lyons Woods	at Sheridan Road
Right	0.15		enter forest preserve for rest stop	Rest Stop around 36 miles
Left			exit forest preserve onto Blanchard	The state of the s
return	0.10		Blanchard WB to North	
Right	0.30			
Right	1.85		North NB to Tallmadge	
Left	0.25		Tallmadge Ave WB to Gish	
Right	0.15		Gish Ave NB to Liberty	
Right	0.30		Liberty St. EB to North Ave	
Left	0.10		North Ave NB to Wadsworth Rd.	
Left	0.20		Wadsworth Rd. WB to Gabriel	Single file, watch traffic on Wadsworth Rd.
Right	1.40		Gabriel Ave. NB to Salem	
Left	0.85		Salem WB to Joppa	Last side street before Lewis Ave (main road)
Right	0.50		Joppa NB to 21st. Street	
Left	0.75	43.15	21st WB to Kenosha Rd.	Continue past Lewis Ave. (traffic light)
Right	2.55	45.70	Kenosha Rd NB to Russell Rd.	Enter the land of cheese at Russell Rd at about 45 miles.  Cross traffic does not stop
1				
Continue	1.25	4	47th Ave NB to 113th St.	Welcome to Wisconsin! Name of road changes.
Right	0.10	<del>                                     </del>	113th St. EB to 44th Ave.	enter sub division
Left	0.25		44th Ave. NB to 43rd Ave.	
Left	0.20		43rd Ave. NB to 109th St.	
Right	0.75	48.25	109th St. EB to 32nd Ave.	Cross County EZ. Cross traffic does not stop.
Continue	0.50	48.75	32nd Ave. NB to 104th St.	Name changes to Tobin
Left	0.15	48.90	104th St. WB to 34th Ave.	First right turn. Cross traffic does not stop
Right	0.10	49.00	34th Ave. NB to 103rd St.	No street signs. Take it on faith.
Right	0.10	49.10	103rd St. EB to 33rd Ave.	
Continue	0.10	49.20	33rd Ave NB to 101st St.	
Right	0.20	49.40	101 St. EB to 32nd Ave.	
Left	0.50	+	32nd Ave. NB to 37th Ave.	Name changes to 98th Place.
Right	0.10		37th Ave. NB to Springbrook Rd.	
Right	1.35	+	Springbrook NB to 22nd Ave.	
Left	4.20		22nd Ave. NB to Washington Park	At bottom of hill north of 41st Street
Right	0.15		enter park to Velodrome for lunch	Lunch around 54 miles

Revised 8/22/11

### C:\GILFAND\A-PERSONAL\ccc\2011\[Pampered\_2011.xls]PAMPERED MILEAGE 2011

Acc'd Direction Mlleage mileage

Direction	Mileage	mileage		
Continue	0.20	55.90	Park EB to 43rd St.	
Left	0.50		43rd St. EB to Seventh Ave.	
Left	0.65		Seventh Ave. SB into Sixth Ave.	veer left, not straight after 50th St.
Continue	0.25		Sixth Ave. SB to 54th	
Left	0.25		54th St. EB to Second Avenue	new homes/developments
Right	0.15		Second Ave SB to 56th St.	new Kenosha Public Museum
Right	0.25		56th St. WB to Sixth Avenue	Historic Downtown Kenosha,
Left	0.25		Sixth Ave. SB to 59th Pl.	Historic Downtown Kenosha,
Right	0.10		59th Pl. WB to 8th Ave.	going around large square
Left	0.10		8th Ave, SB to 61st St.	1
Left	0.10	58.50	61st EB to Seventh Ave.	
Diaht	1.95		Seventh Ave SB to 85th St.	
Right				1 00 10
Left	0.45		85th St. EB to Lakeshore Rd.	via 83rd St.
Right	2.95	63.85	Lakeshore Rd SB to 116th St.	lakeshore
Right	0.10	63.95	116th St. WB to First Ct.	
Left	1.10	65.05	First Ct. SB to the border	Don't worry about dead end sign
Continue	0.05	65.10	dirt road back to Land of Lincoln	exit Cheddar Curtain
		65.10		WALK BIKES ON SAND
Continue	0.15	65.25	through Marina to service building	Short rest stop around 65 miles
Continue	0.60	65.85	North Point Marina to Seventh St.	Seventh Street is the main road out of the marina
Right	0.70		Seventh St. WB to Landon Ave.	First left after UP tracks
Left	0.70	67.25	Landon Ave SB to 13th St.	
Left	0.10	67.35	13th St. EB to South Park	
Right	0.50	67.85	South Park SB to 17th St.	
Right	0.20	68.05	17th St. WB to Lakeview	
Left	1.00	69.05	Lakeview/Elizabeth to Shiloh (25th St.)	Name changes to Elizabeth in Zion
Right	0.30	69.35	Shiloh WB to Emmaus Ave.	
Left	0.25	69.60	Emmaus Ave. SB to 27th St.	
Right	0.35	69.95	27th St. WB to Bethel	West Bethel Drive
Left	0.45	70.40	Bethel SB to 31st St.	
Right	0.25	70.65	31st WB to Gabriel	
Left	0.60		Gabriel Ave SB to Wadsworth	heavy traffic on Wadsworth
Left	0.25		Wadsworth Ave EB to North Ave.	
Right	0.10		North Ave SB to Liberty Ave.	
Right	0.25		Liberty Ave. WB to Gish Ave.	Note the silent movie theme
Left	0.20		Gish Ave SB to Tallmadge Ave.	
Left	0.25	+	Tallmadge Ave EB to North Ave.	
Right	1.65	73.95	North Ave. SB to Blanchard	
Diek +		74.05	Disashard Dd. WD to Work at A	Town laft from backers does do you and
Right	0.40		Blanchard Rd. WB to Western Ave.	Turn left just before dead end on Blanchard
Left	0.40	-	Western Ave. SB to Golf	
Right	0.05		Golf WB to Western	right and left dog leg
Left	0.15		Western SB to Ogrin	
Right Right	0.05		Ogrin Ave to YMCA parking lot	Doct Charles 472
Right Continue	0.05		Rest stop in YMCA parking lot	Rest Stop around 72 miles
	0.05		exit YMCA parking lot	
Right	0.15		Western Ave. SB to Greenwood	
Left	0.40		Greenwood EB to Golf Golf EB to North Ave.	
Right	1		North Ave. SB to Julian	
Right Left	1.35 0.25		Julian EB to Genesee St.	Downtown Waylogan
reit	U.25	1 //.30	Danian CD to Genesee St.	Downtown Waukegan

Revised 8/22/11

C:\GILFAND\A-PERSONAL\ccc\2011\{Pampered\_2011.xls}PAMPERED MILEAGE 2011

Acc'd Direction Mileage mileage

		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Right	0.70	78.00	Genesee St. SB to Belvedere	No street sign at Belvedere. A T intersection, so you have to turn
Right	0.25	78.25	Belevedere WB to McAlister	At Roosevelt Park
Left	0.90	79.15	McAlister SB to Tenth Avenue	
Right	0.15	79.30	Tenth Avenue WB to Adams	
Left	0.50	79.80	Adams SB to 14th St.	
Right	0.15	79.95	14th St. WB to Lincoln	
Left	0.25	80.20	Lincoln SB to 16th	Wright home at 1415 Lincoln (not confirmed)
Left	0.15	80.35	16th St. EB to Sheridan	
Right	0.80	81.15	Sheridan SB to 22nd (M L King) Dr.	
STOP			AT SHERIDAN AND 22ND ST	Gather at SW corner for entire group.
Cross	0.05	81.20	Sheridan Road and CN&W Tracks	
Right	0.75	81.95	Sheridan Rd. SB to SR 137	Enter bike path at new Great Lakes METRA station at SR 137
Continue	6.50	88.45	Bike path SB to Old Elm Rd.	Single file on trail
Left	0.05	88.50	Old Elm Rd. EB to Sheridan Rd.	
Right	0.15	88.65	Sheridan Rd SB to McDonalds/ Starbucks Rest Stop	Rest Stop around 86 miles
Continue	1.25	89.90	Sheridan Rd SB to Temple	
Left	0.20	90.10	Temple EB to St. Johns	
Right	3.40	93.50	St. Johns SB to Lambert Tree	through downtown Highland Park
Left	0.25	93.75	Lambert Tree EB to Lincolnwood Dr.	Ravinia turn
Right	0.75	94.50	Lincolnwood Dr. SB to County Line	
Left	0.50	95.00	County Line Rd. EB to Sheridan	
Right	2.30		Sheridan Rd. SB to Scott	
Right	0.20	97.50	Scott WB to Old Green Bay	
Left	0.40	97.90	Old Green Bay SB to Tower	avoid Ravines
Left	0.40	-	Tower Rd. EB to Sheridan Road	
Right	1.75	100.05	Sheridan Rd. SB to Elder Rd., Winnetka	Right turn at traffic light. Road construction.
Right	0.20	100.25	Elder Rd. WB to Woodland	
Left	0.25		Woodland SB to Winnetka Rd.	New Trier High School
Left	0.20		Winnetka Rd. EB to Sheridan	
Right	2.25	102.95	Sheridan SB to Ridge Ave at Isabella	name change at Isabella
Continue	0.50	103.45	Ridge Ave SB to Lincoln	
Right	0.05	103.50	Lincoln WB to Chandler Community Center	WELCOME BACK

One hundred miles or so later

IF YOU NEED ASSISTANCE, CALL JIM KREPS ON HIS CELL PHONE AT [312] 342-9377