

Chicago Cycling Club

May Ride Schedule

Ride Line: 773-509-8093

Sunday, May 2, 2010

Social Ride: West Side Ramble

REMOTE START: Eckhart Park, 1400 W Chicago Ave
9:00 a.m. 18 miles, 10 to 15 mph
West Town isn't so scary anymore. We'll meander past mega-mansions, beautiful rehabs, decrepit shacks and soaring churches. Meet on the South side of Eckhart Park (Chicago Avenue side). Lunch will be near the ride start/end point, bring a lock and \$\$ for your dining delight.
Contact Julie Sherman at (312) 401-8631

Monday, May 3, 2010

Training Ride: Intro to Training Rides (Season Kickoff)

START: Roadies Dunkin' Donuts, Lincoln & California Avenues
6:30 p.m. 30 miles, 18 to 20 mph
Curious to find out what training rides are all about but aren't sure if you can ride at 25 mph? This ride has the look and feel of a training ride, at a slower pace. Emphasis on smooth riding techniques and paceline etiquette.
Contact Rich Baumgarten at (773) 759-8690

Wednesday, May 5, 2010

Training Ride: Wed Evening Training

START: Roadies Dunkin' Donuts, Lincoln & California Avenues
6:30 p.m. 25-35 miles, 19 to 25 mph
Take your cycling skills and performance to a higher level on this fast-paced training ride aimed at improving your group riding skills. Practice rotating pace lines, close proximity riding and advanced bike handling. Use of traditional style road bikes is strongly recommended. Ride pace to be determined by ride participants.
Contact Tom MacNeill at (773) 571-8087

Thursday, May 6, 13, 20, & 27, 2010

Social Ride: Weekly Gentlemen (and Ladies) of Leisure Rides (Cycling Seniors)

REMOTE START: North Ave Beach House
10:30 a.m. 10-20 miles, 10 to 12 mph
Come make new friends who bicycle and go for lunch. This ride along the lakefront affords an opportunity for active gentlemen and ladies, 55



years and older, to meet, ride and have lunch. ALL RIDERS ARE WELCOME.

Contact Mitch Gold at (312) 642-1988

Saturday, May 8, 2010

Touring Ride: Waterfall Glen Forest Preserve

START: Clock Tower at Waveland (3700N)
8:00 a.m. 70 miles, 16 to 20 mph
Enjoy west-southwest riding by taking a road-bike ride to the forest preserve next to Argonne National Lab in DuPage County. Points of interest include Brookfield Zoo, Salt Creek Bike Path, and the Burr Ridge hills. Three rest stops: one near the Forest Preserve, and two in Oak Park.

Contact Brian Bird at (773) 354-8056

Saturday, May 8, 2010

Social Ride: Tour the Farms, Green County, Wisconsin

REMOTE START: Brodhead, WI, see below
9:30 a.m. 19 or 41 miles, 12 to 14 mph
Ride to five farms for a glimpse of how families make a living off the land. It's a world away from the city! North loop to first four farms, organic vegetable, sheep, organic farming, and dairy: 19 miles, moderately flat; South loop to Emu Farm: 21 miles, hilly. Meet in downtown Brodhead, WI, at Sugar River Trail parking lot, W. 3rd Ave. and Exchange St.

Contact Sharon Kaminecki at (773) 442-2549

Monday, May 10, 2010

Training Ride: Intro to Training Rides (Season Kickoff)

START: Roadies Dunkin' Donuts, Lincoln & California Avenues
6:30 p.m. 30 miles, 18 to 20 mph
See listing for May 3.

Wednesday, May 12, 2010

Training Ride: Wed Evening Training

START: Lincoln & California Avenues
6:30 p.m. 25-35 miles, 19 to 25 mph
See listing for May 5
Contact Bevan Brookfield at (312) 446-1737

New rides are being added all the time!

For an up-to-date schedule, or a look at the rest of the season, go to:

www.chicagocyclingclub.org

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Ride Line: 773-509-8093

Saturday, May 15, 2010

Social Ride: Lope onto Lombard to Loll Around the Lilacs

REMOTE START: Forest Park Blue Line Station
10:00 a.m. 25 miles, 10-12 mph
Wake up and smell the flowers on the 2nd annual ride to the Lombard Lilac Fest, one of the Midwest's premier floral displays. The ride will mostly be on the Illinois Prairie Path and Great Western Trail with a lunch stop at a Greek diner in Lombard. Free parking available next to the Cook County Courthouse at 1st Avenue in Maywood, a secondary start point.
Contact
rides@chicagocyclingclub.org



George Vrechek and Walt Choromanski start the season heading to the most remote corner of Chicago. You'll see the City's only lakes, trailer park, and saw mill. Lunch stop at Darcy's Dog and Shrimp Shack or similar establishment in Hegewisch. Parking is usually available at the 31st Street Beach lot. We'll shoot for getting back by 2 p.m.
Contact George at (312) 654-8909

Monday, May 24, 2010

Training Ride: Intro to Training Rides

START: Roadies Dunkin' Donuts, Lincoln & California Ave
6:30 p.m. 30 miles, 18 to 20 mph
See listing for May 3.

Sunday, May 16, 2010

Fix-a-Flat Workshop

1:00 p.m., Location to be determined
Alice will teach you how to change a flat on your own bike. Space is limited so RSVP required to learn the location. Participants MUST bring: at least one extra tube and two tire levers. Pumps not necessary, but recommended.
Contact Alice O'Laughlin at (773) 294-7533

Wednesday, May 26, 2010

Social Ride: FWEGA (Fourth Wed Evening...)

START: Clock Tower at Waveland (3700N)
6:30 p.m. 10 miles, 12 to 14 mph
A club tradition. Meet new friends, see old ones.
Contact Rick Pavia at (773) 206-5282

Monday, May 17, 2010

Training Ride: Intro to Training Rides

START: Roadies Dunkin' Donuts, Lincoln & California Avenues
6:30 p.m. 30 miles, 18 to 20 mph
See listing for May 3.
Contact Larry Allingham at (312) 286-1317

Saturday, May 29, 2010

Social Ride: Beans and Bagels Ride

REMOTE START: 1812 W Montrose, Chicago
11:30 a.m. 4 miles, 8 to 10 mph
Ride from one Beans and Bagels to the other, with stops to enjoy the neighborhood.
Contact Julie Hochstadter at (773) 965-3396

Wednesday, May 19, 2010

Training Ride: Wed Evening Training

START: Roadies Dunkin' Donuts, Lincoln & California Avenues
6:30 p.m. 25-35 miles, 19 to 25 mph
See listing for May 5
Contact Jeremy Treister at (312) 823-7926

Sunday, May 30, 2010

Touring Ride: Bike the Drive Twice

REMOTE START: Columbus & Jackson
6:00 a.m. 60 miles, 16 to 18 mph
Register for BTD at www.activetrans.org
Contact Brian Bird at (773) 354-8056

Saturday, May 22, 2010

Touring Ride: The Road to Hegewisch Part 10

REMOTE START: 31st Street Beach House, Chicago
9:00 a.m. 40 miles, 14 to 18 mph

Monday, May 31, 2010

Touring Ride: Tinley Woods – Old Plank Trail

REMOTE START: Bremen Woods Preserve
10:00 a.m. 35-40 miles, 14 to 16 mph
Ride through Bremen Woods to Old Plank Trail to Frankfort, IL and back. Lunch at Aurelio's.
Contact Brian Bird at (773) 354-8056

**New rides are being added all the time!
For an up-to-date schedule, or a look at the rest of the season, go to:
www.chicagocyclingclub.org!**